

WE

YOUR **VANCOUVER ENTERTAINMENT** NEWSPAPER

FREE NEWSPAPER

NEW AND BUZZWORTHY
IN VANCITY
WINTER
SEASON
TRENDS

Feature story
Wake up call
Exclusive interview with
'Theory of a dead man'
Pg.04



Dear Santa

LIFESTYLE
FILM

ENTERTAINMENT
& MUCH MORE

Define GOOD

Publisher

A Christmas Message from the Publisher

Oh the memories of Christmas past warm my heart at this time of year. My mom cooking and baking up a storm. A decorated house and tree full of christmas gifts for all us kids. A house full of scents and fragrances that I swear if I close my eyes I can still smell. Welcoming one and all into our home and sitting around the Christmas tree singing Christmas Carols. I love these memories and these old traditions. There is nothing like the love, peace and joy of this season. I always make this the heart of every Christmas since I was a child. To me Christmas is about these things more than anything else. Sure I love the gifts who doesn't like someone thinking of them and giving them something specially picked out for them. But the Christmas is so much more than that to me.

I send to you, my hope that you experience all that is the true meaning of Christmas. May this lovely season bring you an abundance of Joy and Love.

During this most wonderful time of the year I and YVE want to take a moment to thank all our readers, advertisers, and



everyone that has been involved. Thank you for your support, thank you for your generosity, and thank you for your vision. We are truly grateful for you all.

We at YVE: Your Vancouver Entertainment wants to wish you and yours a very Merry Christmas and Happy Holidays. May you have a fabulous festive season and a sparkling, Happy New Year!

We look forward to a spectacular 2018 together!

Tannia Ellingham
Publisher

YVE: Your Vancouver Entertainment

A Christmas Message from the Head Journalist



We at YVE wish our readers and all those who have been involved and connected with our publication a Merry Christmas, Happy Holidays and Joyous New Year.

It's been an amazing 2017 full of excitement!
See you all for a spectacular 2018!

Rapheal Campbell
Head Journalist

YVE: Your Vancouver Entertainment

REVIEWS

HOPSCOTCH

By: Caprice Papillion
Photos: Caprice Papillion

As this was our first time attending Hopscotch we really weren't sure what to expect. All I can say is if you haven't attended this yet ... get your tickets and attend. It is a blast. There was a wide array of different alcohol including all types of spirits to beer and wine. The brewers/distilleries there were not only large well known vendors like Jack Daniels but included local business that have some amazing product. This year there was Wayne Gretzky's distillery/winery present - they had possibly the hands down best whisky I ever tasted. I could sip it all night. So smooth and delicious. The wine was very good as well. I am a red wine drinker if I drink wine. I normally do not like white. And I tried one of their whites and I actually really enjoyed it, it was delicious.

Jack Daniels was a great booth with samples of a huge array of their different products. I tried some specialty whiskeys here that I will be looking for in the liquor store. They offer an apple whiskey that tastes like heaven ... it tastes like mulled apple cider and is best served warmed. They also offer a honey whiskey that is insanely good and can be sipped chilled optimally but you can cook with this serve it over ice cream etc. Finally, a cinnamon whiskey that tastes like those delicious little cinnamon hearts you get at valentine's day ... I need all 3 in my liquor cabinet.

The best booth at this event was Sons of Vancouver, they are a local distillery based out of North Vancouver they partnered with Walter (another local business) who creates possibly the most delicious cesar mix on the face of the planet. The magic created here was a caesar that I am gonna be craving it was absolute perfection. Sons of Vancouver serves up a standard vodka which is excellent but their show stopper is their chilli vodka which. No added spice required in this drink if you use the chili vodka. They offered a condiment station to top off your ceasers as you liked. This Vodka is sold at " " in Olympic Village. Give them a try.

The business that I discovered was Nude Vodka Soda - this is also a local business and I loved it. I could see sipping these beverages on the porch all summer. They offer a kiwi/strawberry vodka beverage and a cucumber mint beverage which are very light flavoured. Their claim to fame is that they are only 100 calories, sugar free, sweetener free, gluten free and all natural. My fridge will be stocked with these this coming summer.

Hopscotch not only offered beverage booths but also a large section of foods by local restaurants and live entertainment throughout the night. All in all a great time was had by all, be prepared to take a cab home :) because this reporter was a little tipsy by the time I worked my way through the whole event.

Hopscotch also offered free Compass passes so everyone got home safely. Great job Hopscotch!!! Bravo!



Fan Expo

By: Buffy George / Photo Credit: Pauline Keddieh

YVE was able to attend the 2017 Fan Expo this year. It was an exciting experience for anyone of all ages. There is literally something for everyone. There was a variety of vendors that complemented the main attractions like the comics, gaming, movies and much more. My favorite part was seeing all the costumes and the hard work and hours put into the creativity behind these costumes. We were so amazed by the creativity and effort put into them. The costumes celebrate the characters in the various areas of the entertainment industry from cartoon characters to movies, TV and Video Games.

They kept everyone entertained throughout this 3 day event. This was my first experience at the Fan Expo in Vancouver and I truly enjoyed the delightful experience and would recommend it to anyone who was looking for an event to attend. The event was well put together and an experience of a lifetime. So next year Vancouver get your costumes on and partake in this awesome event!!!!



NIGHTLIFE

NIGHT CLUBS
LISTINGS



CAPRICE NIGHT CLUB

Ages: 19+
Venue Type: Nightclubs, Bars, Music Venue, Live
Address: 967 Granville Street, Vancouver, BC (Downtown)
FRIDAYS- DLUX
SATURDAYS - OWN



CABANA LOUNGE

Ages: 19+
Venue Type: Nightclubs, Lounges, Bars
Address: 1159 Granville Street, Vancouver, BC (Downtown)
Dress Code: Men look sharp
FRIDAY'S Are Ladies Night!
Cabana Loves Saturday

REPUBLIC NIGHTCLUB

Ages: 19+
Venue Type: Nightclubs, Lounges, Bars, Pub
Address: 958 Granville Street, Vancouver, BC (Downtown)
Dress Code: Dress to impress.
INCEPTION WEDNESDAY'S
THURSDAY 4 PLAY



TWELVE WEST

Ages: 19+
Venue Type: Nightclubs, Lounges, Bars, Live Music Venue
Address: 1219 Granville St, Vancouver, BC V6Z 1M6
FRIDAY- Well make you famous, Sept 2nd
SATURDAY- Twelve West Long Weekend Sunday Sept 03 – RNB Edition w FLOETIC & RAWKUS



THE BELMONT BAR

Venue Type: Nightclubs, Bars, Live Music Venue
Address: 1006 Granville Street, Vancouver, BC (DT)
FRIDAY- Adrienne Robles Live
SATURDAY-Alex Maher Live



THE ROXY CABARET

Ages: 19+
Venue Type: Nightclubs, Lounges, Bars,
Address: 932 Granville St, a Vancouver, BC V6Z 1L2



NEVER MIND - Sat, Sep 16, 7:00 PM
RUNE -Thu, Sep 21, 8:00 PM



MIA NIGHTCLUB

Ages: 18+
Venue Type: Nightclubs
Address: 350 Water Street, Vancouver, BC (Downtown)
Sept 2nd -Femme Fatale at #DeepDownInside
Sept 3rd- Real Love - Labour Day Long Weekend



AURA NIGHTCLUB

Ages: 19+
Venue Type: Nightclubs, Bars
Address: 1180 Granville Street, Vancouver, BC (Downtown)
AURA FRIDAYS – LEGEND
AURA SATURDAYS - ENTOURAGE



STUDIO CLUB AND NIGHTLIFE

Ages: 19+ **Venue Type:**Bars
Address: 750 Pacific Blvd, Vancouver, BC
MIXTAPE WEDNESDAYS
TECH THURSDAYS

24 HR RESTAURANTS



Lucy's Eastside Diner

This 24-hour joint has a retro interior whipping up clever Canadian delish foods with the perfect cocktails.
Address: 2708 Main St, Vancouver, BC



KNIGHT AND DAY RESTAURANT

This Veteran diner has been known to turning out comfort food like all-day breakfast plus burgers, wings & sandwiches for that midnight snack.
Casual-Good for kids & Good for groups
Address: 3684 Lougheed Hwy, Vancouver, BC



Denny's

Casual diner chain dishing up classic American and Canadian comfort food, including all-day breakfast favorites that are great after a night on the town. This is Casual dinner great for kids and or groups of any size.
Address: 1098 Davie St, Vancouver, BC



PHO EXTREME XE LUA

This joint serves traditional Vietnamese food all night long. They also serve breakfast and takeout is also an option for the people that prefer to stay at home.
Address: 457 W Broadway, Vancouver, BC



THE NAAM

Casual spot for anyone to chill with local art displayed, a garden patio & nightly live music, serving natural & vegetarian foods for any type of eaters.
Address: 2724 W 4th Ave, Vancouver, BC



Gold Train Express

This Vietnamese Asian cuisine is a great way to end the night. They also have breakfast and takeout for the people that prefer to eat at home or are on the go.
Address: 3320 Kingsway, Vancouver, BC

FEATURE

Feature Story
Theory of a Deadman
Wake Up Call

By: Sky Hayward | Photos: Paulina Keddie

Wake Up Call is the 6th studio album from Vancouver’s own, Theory of a Deadman which was released October 27th, 2017. The first single “Rx (Medicate)” was released the same day and currently sits at #1 on Billboard’s Mainstream Rock Songs chart. Theory of a Deadman isn’t new to having tracks at the top of the charts as they’ve had 8 top 10 hits so far. This album has a different feel to it than their previous ones, the first thing I noticed is the more laid-back vibe. It has a more mature sound, a little more introspective.

Lead singer and song-writer Tyler Connolly has stated, “I got this beautiful piano, and I just started playing it and writing songs like I’d never written songs before. And the songs were so different, and the lyrics were so different...and so it came from a place of complete freedom. It didn’t come from a place of, ‘Where’s music at right now? What’s rock doing?’ It was just me sitting at a piano and playing chords and notes and then all of a sudden, I come up with one song idea after another. To me this is the most exciting writing process and funnest record I’ve ever done...I told our management and label (Atlantic) this wasn’t a conscious thing, I wasn’t like, ‘I’m sick of rock. I want to change.’ It was the opposite. It wasn’t a conscious thing. It was just me finding a place of freedom or happiness maybe. Something was happening that was great, in my opinion.”

The newly released track RX (Medicate) was written about prescription drug addiction. Tyler is quoted as saying “I really wanted to discuss how messed up America is with this prescription drug thing. When I got divorced, I went and saw a therapist and the first thing she says is, ‘I want to put you on some...stuff’ and I’m like, ‘No! No way! What? How is that the first thing you want to do?’ “I just feel like something’s wrong and I felt like the song needed to be written and people needed to hear it. It seems like every week something terrible is happening. I mean, Chris Cornell...and when we shot the video for it, all these directors we talked to were like, ‘Oh yes, I had a huge pre-scription drug problem, so this hits home’ and all that stuff. So, it’s a really important song and I’m so happy we get to release it first.”

The absence of the heavy guitars is bound to ruffle a few feathers, but change is the result of growth and it’s nice to see artists stretching out creatively. The album was recorded in London at Kensaltown Studios and produced by Martin Terefe (Mike Posner, James Blunt, Christina Aguilera, ...) It has 11 great tracks, ten are written by Connolly and the band, the 11th one is a Chris Isaak cover of “Wicked Game” that gave me goosebumps when I listened to it.

YVE had the opportunity to talk to the band, Tyler Connolly (lead vocals, lead guitar), David Brenner (rhythm guitar), Dean Back (bass), and Joey Dandeneau (drums) at their album release party at 604 Records in Vancouver.

YVE – So, I wanted to talk about lyrics, there a lot of backlash when artists write lyrics and they affect people in certain ways, sometimes there’s negative effects because people internalize things so much. When you’re writing lyrics do you think about that, do you think maybe I shouldn’t say that or do you just dive in and write whatever comes from your heart?
Tyler – No, I never think about other people when I write stuff because it’s me right, this is my catharsis, once the song is out there it’s over. I don’t think about it anymore lyrically. Then it becomes the fans, the listeners song and they interpret it. Sometimes they interpret a song and lyrics a certain way and they make it fit. We have people that come up to us all the time and say that a certain song stopped them from killing themselves and the song was never about suicide. And that’s great, it’s fantastic. For me it’s about how I feel about something which is always going to be biased because when you write songs you can’t always be so politically correct.
YVE – And once you start trying to be politically correct it ruins the whole inspiration of your music, right?
Tyler – Ya, the only thing I’ve really changed over the years lyrically is to try to be less offensive, I try. Sometimes I am a little too cold with things I say. I come off as being a little misogynistic sometimes which is kind of a reflection of my humor.
YVE – Which is not good this day and age with everything that’s happen-



ing out there.
Tyler – Well I could say that, but you know, but I’m just getting older.
YVE – That was one of my other questions, that if people tell you your music has affected them in ways.
Dave – Man, you’re good!
Tyler – This is like family feud, what’s your answer?
Dave - You answered two questions at once, list three things.
YVE – Just a question about starting out, I read that you’re from Delta. You know the saying about a prophet never being honored in their homeland. Did you guys find that in Vancouver you had a lot of support or did you have to go



elsewhere to find acceptance and support?
Tyler – Yes and no. It’s weird, we did have initial support. When you come from a certain town all you want more than anything is to have the radio station play you, to sell out some venues in your hometown.
Dave – That you grew up watching bands in.
Tyler – But it’s interesting, you can’t control the reaction of the people that live in the town. I remember the first record, I would have to honestly say that there were probably way more negative things, personally for me. I was so noticeable in the street. I had a handlebar mustache and people would see me every day. A lot of them were, “I hate your band”, “You guys suck.” It was hard, I was kind of sad. I was like, “why are they so...?” but I hear the same thing about the Canucks. People go up to them in the grocery stores

like, “You guys suck!” At least people in this town are very...
Dave - ... passionate!
Tyler – Passionate people, they let you know how they feel.
YVE – Very true. So, if you could collaborate with anyone out there, living or dead, who would it be?
Dave – I’d say Layne Staley. You’ve got to pick someone dead because it’s more wishlist-ish. I pick Layne Staley from Alice in Chains just because it would be fun to hear him sing it.
Dean – Shannon Hoon I thought had a lot more to offer before he left. It would be cool to hear what he had.
Joey – I kind of always turn to the same guy, Steven Tyler. He’s a great front man with great vocal abilities and he focuses a lot on drums and drum style.
Tyler – Oh you said great front man, I thought you said great friend of mine and I was like, “what?” Great front man, ok.
Dave – Why haven’t you told us you’re buddies with Steven Tyler?
Tyler – Paul McCartney because he’s a good friend of mine. Yup, Paul McCartney.
YVE – That’s doable though.
Tyler – Ya, we could probably help him out, like Kanye did.
YVE – I was going to say, Kanye did it.
Dave – Way to pick a living Beatle.
Tyler – Well I think John Lennon would not be interested at all. Paul McCartney seems like a really nice guy (Liverpool accent) Let’s do it, if you have an hour we could sit down and write a tune.
Dave – Lennon would be like, “Get the fuck out” all naked.
YVE – Was there a time when you thought music wasn’t going to work out for you and you thought maybe you should just walk away and not do this?
Dave – I don’t think there was ever a time.
Tyler – No we never struggled, we were really lucky. We also never, before we got signed, pursued it like it was all or nothing. Get in our van and quit our jobs. I remember we quit our jobs the day before we went into the studio to record our first record. So, we were signed and still had day jobs, so we were kind of smart guys to keep the day jobs.
Dave – We also always approached our career as a career. We always wanted to be a career band, so I think it was always, there was never the give up and call it quits attitude. It was always like; how do we make a career out of this instead of us being a flash in the pan band or something like that.
YVE – Is there anything you know now that you wish you knew then?
Tyler – Ugh the list goes on.
Dean – Oh ya, a ton of stuff. Early on I remember feeling like you’re almost an employee and you’re getting dragged around, do this, do that. At some point I was like, “Wait a minute, we’re the fricken band man!” People want you to do stuff but it’s always with the endgame of it helping your band.
Tyler – There’s one pivotal point I remember, it was on our first or second record, maybe first record where we had two weeks off between tours and they beat the shit out of us, so we were touring forever. I remember we got a phone call from our manager saying “Guys, we messed up, I know you have two weeks off” and I had booked a vacation to Hawaii in that two weeks, they were like, “we messed up. Somehow someone booked you on this radio festival. When is it? Oh, it’s on the weekend in your two weeks off. I know you were going to Hawaii and I know you need time off, but I promise you if tell them you can’t do it they’re going to drop your song from the radio station.” I remember I was so mad I got up and punched a hole in the door of the tour bus. I was so angry, I destroyed my hand and of course we just stood our ground. It was the first time we were like, “nope, we’re not going to do it” and they were like, ‘Ok.’ The radio station did not drop our song, the world did not end. We were like, “wait a minute!” We were like a kid that figured it out.
Dave – We can say no!
YVE – With the new album out are you guys going to do anything festive or Christmas related?
Tyler – Trump is bringing back Christmas.
Dave – Make Christmas great again.
Tyler – You know, it’s weird because 604 has asked us to do a Christmas song. It’s just not our thing.
Dave – Hallelujah is almost a Christmas song.
Dean – We did do the AC/DC one.
Tyler – Right, Mr. Christmas but no nothing this year. We have a couple casino shows around Christmas but I think I’m going to be golfing. Check out Theory of a Deadman’s new album Wake Up Call and catch their show at the Commodore ballroom on February 25th, 2018.

FOOD

HOLIDAY | RECIPES

Cooking is one of the best ways to pamper you family but it is even more special during Christmas time. Do you remember that amazing smell of ginger cookies when getting home after school? In my case, one of the best memories I have from my childhood is going to my grandmother’s house and being able to smell from outside the traditional “ponche” and bunuelos! my latino readers may feel connected to this. I wanted to do something special for all of you, so I’m sharing my favourite, the punch recipe , then you may understand why this smell is very connected to my heart.

Take a chance, enjoy and create memories.

Merry Christmas, Paula Zerpa

Traditional Mexican Punch



Photo Credit: THE MIJA CHRONICLES

Ingredients
2 1/2 to 3 quarts water
Few cinnamon sticks
8 ounces tejocotes
6 oz of piloncillo or dark brown sugar
Rum, brandy or tequila.(optional)

For the next ingredients set your mind on sangria mode. Some people like big pieces of fruit, some like the skin on the apples, this is all based on how you like your fruits to taste on a drink. for the most part I prof-fered them peeled, cored and cut into bite-size pieces
4-5 Guavas
2 Mild- flavored apples
3-4 Four-inch pieces of sugar cane. For this one , it works better when cut into thin strips
1/2 cup Dark raisins
3- 4 Long tamarind pods, peeled and seeded.
Or two tablespoons of tamarind pulp
Cutting the piloncillo can be a bit chal-lenging at the beginning. My advise is

to start from grabbing the thick end of cone and slice with a knife. It’ll require some force on your end and also a good knife, but please be careful with your fingers. Also do not put the cone in the food processor, or it might break your machine.
In a large pot, boil the water and cin-namon sticks. Once the water reaches the boiling temperature, lower the fire and add first the tejocotes, because it is one of the hardest fruits.

Once the tejocotes are soft remove them from the water ,peel them, then cut them in half in order to remove the seeds and put the tejocotes back into the pot.
Add the remaining ponche ingredients. Stir to combine and let simmer for 30 to 50 min.
In my house there was a Venezuelan influence in the food so the adult’s punch had rum.
if you would like to add alcohol, i recom-mend you to pour it into the pot right before serving it.
When you serve the “ponche” make sure to include the chunks of cooked fruit. A little secret: The strips of sugar cane can be served directly into the cup, best part of the experience is sucking on the cane strip after one has finished drinking the punch.

Always remember that everyone is dif-ferent, so feel free to tweak the ratios until you find the perfect balance for you and your family.

Eggnog



Photo Credit: Betty Crocker

Homemade eggnog is one of my favorite Holiday treats. Homemade tastes so much better than what you can find at the grocery store and it is so easy.
Ingredients
● 2½ cups milk
● 4 whole cinnamon sticks
● ¼ teaspoon ground cloves
● ½ teaspoon vanilla extract
● 7 egg yolks
● ¾ cup white sugar
● 2 cups heavy cream (or half and half for a light version)
● 2 teaspoons vanilla extract
● ¼ teaspoon ground nutmeg

Instructions
1. Put the milk, cinnamon sticks, cloves, and ½ tsp vanilla into a large saucepan. Put it over the lowest heat setting on your stove for 5 minutes.
2. In a separate bowl, whisk together the egg yolks and sugar for 1 minute.
3. Turn the heat under the milk up to

medium-high heat. Remove the cin-namon sticks. Stir the milk constantly until it just starts to boil then immedi-

ately turn off the heat.

4. Slowly whisk in about ¼ of the hot milk into the egg/sugar mixture. Then pour all of the egg/sugar mixture back into the saucepan and whisk it all together. Put it over medium heat, whisking constantly, for 3 minutes. It will thicken a bit.
5. Pour the hot eggnog into a large bowl or beverage container and let cool at room temperature for 1 hour.
6. After 1 hour, stir in the heavy cream, 2 teaspoons vanilla, and nutmeg. Store in the fridge and allow to cool for at least 4 hours before serving.

Suggestions
● Try making this with coconut milk or Almond Milk for a non dairy twist
● Try using Stevia for your sweetener instead of sugar
● Add some Cognac, Rum, Brandy or Baileys to it when serving for a nice adult beverage

Christmas/Holiday Meals in VanCity

By: Caprice Papillion

Do you want to have a nice holiday dinner with all the fixings, enjoy some time with your family. Does the thought of preparing the whole meal fill you with dread or exhaustion? Well we at YVE have you covered! You can make a reservation at any of these places for a delicious meal and great relaxing ambiance.

The Fairmont Hotel Vancouver

The Fairmont Hotel Vancouver welcomes you to a warm, seasonal atmosphere adorned with traditional decor that’s perfect for holiday celebrations.

FESTIVE AFTERNOON TEA



Notch8 Restaurant & Bar
Between, November 29th - January 2nd (excluding Dec. 24. 25 & 31)
Daily sittings, 11am, 1pm & 3pm
Adults \$65; Children \$32.5 (ages 12 and under) (not inclusive of tax & gratuities)

TIPSY GINGERBREAD DECORATING
Notch8 Restaurant & Bar
December 14th, 7pm - 9:30pm
\$75 per adult / \$150 per couple (19+ event) (inclusive of tax & gratuities - full prepayment at time of booking)
‘TWAS THE NIGHT BEFORE CHRIST-MAS DINNER BUFFET
Pacific Ballroom
December 24th, 5pm - 9pm
Adults \$159; Children \$89 (ages 8 & under) (inclusive of tax & gratuities - full prepayment at time of booking)

KRIS KRINGLE CHRISTMAS DAY DINNER BUFFET
Pacific Ballroom
December 25th, 5pm - 9pm
Adults \$189; Children \$99.00 (ages 8 & under) (inclusive of tax & gratuities— full prepayment at time of booking)

FESTIVE LUNCH BUFFET
Notch8, Bring the office to celebrate the holidays with sumptuous festive cuisine.
December 15th, 18th - 22nd :: Noon - 2pm :: \$65 per person + tax

FOUR COURSE FESTIVE DINNER
Enjoy an intimate traditional Christmas dinner in the glamour and warmth of Notch8. From first to last bite it will be a deliciously

memorable meal.
December 24th & 25th :: 5:30pm - 10pm :: \$89 per person + tax

CHRISTMAS BRUNCH BUFFET
After the presents have been opened, join us for delectable brunch favourites including a live carving station.
December 25th :: 11:30am - 2:30pm :: \$79 per person + tax

Bauhaus Restaurant

Bauhaus is located at 1 West Cordova Street in Gastown. Head here to enjoy their Christmas Eve special menu of German fusion cuisine and seasonal cocktails from noon to close. Reservations can be made online or by phone.



Hawksworth Restaurant

Hawksworth Restaurant, located in the the beautiful Hotel Georgia will be open for Christmas Day dinner on December 25th (please note they will be closed for lunch that day).

SEASONAL

YEW Seafood + Bar

YEW is located in the Four Seasons at 791 West Georgia Street. From seated three-course meals packed with holiday favourites, to over-the-top buffets and five-course decadent meals punctuated with bubbles and late night dancing with DJ Leanne. Holiday reservations have begun, call 604.692.4939.

YEW is offering five fabulous holiday meals including:

Christmas Eve Dinner at \$105

Christmas Day Brunch Buffet at \$96 adults and \$48 kids.

Christmas Day Dinner at \$112 - Christmas Dinner takes place on December 25th from 5:00 pm - 10:00 pm.

Early New Year’s Eve Dinner at \$95. This early seating takes place on December 31, from 5:00 pm to 7:00 pm.

Late New Year’s Eve Dinner and Celebration at \$155. If late night dining is your preference. This seating takes place from 9:00 to 11:00 pm on December 31st.



Mosaic Grille & Bar and Grain Tasting

Mosaic Grille & Bar and Grain Tasting Bar at the Hyatt Regency Vancouver are open on Christmas Eve and Christmas Day. Their hours of operation are as follows;

Mosaic Grille is open for a buffet breakfast 6:30-2:00pm

Mosaic Bar is offering a limited a la carte menu 11am – 10:30pm

Mosaic Grille is offering a 4 course dinner from 5pm- 10pm - \$75/person +\$45 for wine pairings. They also offer a Kids Menu for \$28.

Grain Tasting Bar will be open from 4pm-1am

Dockside Restaurant

Dockside Restaurant, will be offering their annual Christmas buffet. For the Christmas dinner buffet, they have a 5pm seating and 8pm seating for the price of \$94.95. To make reservation call at **(694)685-7070.**



Hart House

Hart House is offering a 3 course meal on both Christmas Eve and Christmas Day.

December 24th - Xmas Eve Dinner
Three course menu \$75
2 1/2 hour dining time per table

First Seating available times 5pm, 5:15pm, 5:30pm, 5:45pm, 6pm
Second Seating available times 7:30pm, 7:45pm, 8pm, 8:15pm, 8:30pm, 8:45pm, 9pm

December 24th - Xmas Eve Dinner
Three course menu \$75
2 1/2 hour dining time per table

First Seating: 4pm, 4:15pm, 4:30pm
Second Seating: 5pm, 5:15pm, 5:30pm
Third Seating: 6:30pm, 6:45pm, 7pm
Fourth Seating: 7:30pm, 7:45pm, 8pm

West Restaurant & Bar

West Restaurant & Bar are offering a Christmas Eve set menu. West Restaurant offers outstanding contemporary regional cuisine. Seasonal ingredients are sourced to deliver superbly conceived dishes offering modern interpretations of classics.

Copper Chimney

Copper Chimney is located at the Hotel Soleil. They are offering a three course Christmas Day Turkey Dinner from 5:00 - 10:00 pm.

Checkout their website for the full menu and options.

Reflect Social Dining & Lounge

Reflect Social Dining & Lounge are located at the Hilton Metrotown. To make reservations for any of these events please call 604 639 3756 or visit www.opentable.com. They are offering the following Christmas Festivities:

Festive Holiday Lunch Buffet - December 5 , 2017 to December 22 , 2017 Tuesdays to Fridays from 11:00 am - 2:00 pm (Adult: \$36* Children (ages 6 - 12): \$19* Children (ages 5 and under): complimentary)

Festive Sunday Brunch Buffet - Crystal Ballroom December 3 , 10 , and 17 , 2017 10:30 am - 2:00 pm (Adult: \$47* Children (ages 6 - 12): \$25* Children (ages 5 and under): complimentary)

Breakfast with Santa - Santa and his elves are back at Hilton this December! Children ages 12 and under (and who’s on his Nice List) receives a present from Santa! December 17 , 2017 8:30 am to 11:00 am Tiffany Ballroom Adult: \$28* Children (ages 5 -12): \$20* Children (ages 4 and under): complimentary

Christmas Day Brunch Buffet - December 25 , 2017 Early Seating: 10:30 am | Late Seating: 1:00 pm (Children (ages 6 – 12): \$25* Children (ages 5 and under): complimentary)

Christmas à la Carte Dinner - Reflect social dining + lounge December 25 , 2017 (\$52 per person* Tax and gratuities are not included).

Christmas Day Dinner Buffet - Crystal Ballroom December 25 , 2017 Early Seating: 5:00 pm | Late Seating: 7:30 pm (\$75 per person* Tax and gratuities are not included)

Cibo Trattoria

On December 24 and 25, Cibo Trattoria’s cozy downtown dining room will play host to an authentic “Feast of Seven Fishes” – an Italian Christmas Eve tradition featuring seven flavourful dishes inspired by the old country. The entire tasting menu is available for \$98 per person with suggested wine pairings also available at an additional \$78 per person. Open seating; reservations are highly recommended and can be made online via **www.cibotrattoria.com**.

Wild Fig Restaurant and Lounge

Wild Fig is located at the Executive Plaza Hotel on North Road in Coquitlam. They are offering a fabulous Christmas Day buffet. Their Festive spread will fill your bellies and get you in the Holiday Spirit. Reservations Recommended. For the menu please check out their website at <http://www.wildfig.ca/christmas-day-buffet/> 2 seatings - 2pm and 5:30 pm. \$48 per person and \$24 for kids 6-12 (under 6 are free)

Christmas Delivered to You

By: Caprice Papillion



Sometimes you want the dinner but not the hard work. Well YVE has your back, these places prepare delicious Thanksgiving dinners for you for your dining pleasure.

The Fairmont Hotel Vancouver

The Fairmont Hotel Vancouver offers their TURKEY TO-GO meal again this year. Turkey To-Go includes a whole roasted Fraser Valley turkey, sage & sausage stuffing, roasted vegetables, Yukon gold mashed potatoes, giblet gravy and spiced pumpkin pie created by our in-house Pastry Shop.

The cost is \$399, Serves 8 to 10 guests (inclusive of tax & gratuities — full prepayment at time of booking). Pick Up Dates are December 24th & December 25th between 10am and 3pm
Ordering deadline is December 21st
Address: 900 West Georgia Street

Phone: **604-662-1900**

Copper Chimney

Copper Chimney is located at the Hotel Soleil and are offering a pickup Turkey to Go package.

Located in: Executive Hotel Le Soleil
Address: 567 Hornby St, Vancouver, BC V6C 2E8
Phone: **(604) 689-8862**

Bauhaus Restaurant
Bauhaus is offering a christmas meals for pickup at their location.
Address: 1 W Cordova St,
Phone: **(604) 974-1147**

Truffle Fine Foods

Truffles is offering a “Christmas Dinner To Go”.
Phone: (604) 505-4961
Email:



Whole Foods Market

Whole Foods offers an amazing to-go Turkey dinner for 8. They offer Traditional as well as vegan and vegetarian options that you can cook at home. You can choose between six full-meal options, a package of exclusively side-dishes, and all individual dishes available for order. These meals come with an uncooked turkey ready for you to season and prepare to your own preference and a selection of heat and serve side dishes.

A Organic Turkey Meal for 8 for \$149.99, Turkey Dinner for 8 for \$139.99, Boneless Turkey Breast Dinner for 4 for \$89.99

Address: All Choices Locations

Railtown Catering Holiday Turkey To-Go from Railtown Catering December 24, 25 and 26

Once again this year, Railtown Catering will be removing the hassle from the holiday season with their Turkey To-Go packages Railtown’s Holiday Turkey To-Go feasts are available for \$299 plus tax and come in both ready-to-eat (hot) or ready-to-bake (cold, fully-cooked) formats.

Gourmet holiday meals will be available for pick-up and delivery on December 24, 25 and 26

Address: 397 Railway Street, Vancouver, BC
Telephone: 604-568-8811

SEASONAL

Christmas Markets & Craft Fairs

By: Caprice Papillion

Gleneagles Holiday Artisan Festival
When: December 2, 2017
Time: 10am – 3pm
Where: Gleneagles Community Centre
Address: 6262 Marine Drive, West Vancouver

Gleneagles Community Centre Holiday Artisan Market
When: December 2, 2017
Time: 10am – 3pm
Where: Gleneagles Community Centre
Address: 6262 Marine Drive, West Vancouver

Got Craft? Holiday Edition:
Admission is \$3 online or \$5 at the door.
When: December 9 & 10, 2017
Time: 10:00am – 5:00pm
Where: Maritime Labour Centre
Address: 1880 Triumph Street, Vancouver

Purley Local Winter Market
Admission is \$3 for adults; kid are FREE.
When: December 2, 2017
Time: 10am – 3pm
Where: Kwomais Lodge & Sanford Hall
Address: 1367 128th Street, South Surrey

Shiny, Fuzzy, Muddy:
Admission is \$3.
When: December 9 & 10, 2017
Time: 11am – 7pm (Sat) & 10am – 6pm (Sun)
Where: Heritage Hall
Address: 3102 Main Street, Vancouver

Shift Handmade Holiday Remix
When: December 2, 2017
Time: 10am – 5pm
Where: West Langley Hall
Address: 9400 208th Street, Langley

All About Christmas Expo
\$3 admission and children 10 & under are FREE.
When: December 8 – 10, 2017
Time: 4pm – 9pm (Friday) & 10am – 4pm (Saturday & Sunday)
Where: Chilliwack Heritage Park
Address: 44140 Luckakuck Way, Chilliwack

Make It! Holiday Show:
Be sure to get your Early Bird tickets! Parking is \$12.
When: December 7 – 10, 2017
Time: 11am – 9pm (Thurs & Fri); 10am – 6pm (Sat); 11am – 5pm (Sun)
Where: PNE Forum
Address: 2901 E Hastings St, Vancouver

Winter Wonderland Christmas Bazaar
Admission is \$2.00 and FREE for children 12 and under. The Surrey food bank will be there accepting food and cash donations.
When: December 9, 2017
Time: 10am – 4pm
Where: Shannon Hall
Address: 7 0 Avenue, Surrey

Vancouver Christmas Market
Outdoor holiday market fun plus live entertainment at Jack Poole Plaza.
When: November 22 - December 24, 2017
Time: 11am – 9pm
Where: Jack Pool Plaza
Address: 1075 Canada Pl, Vancouver, BC V6C 3L5

Fall for Local Holiday Market
Online tickets are \$3; tickets at the door are \$5 and cash only.
When: December 9 – 10, 2017
Time: 11am – 5pm
Where: The Pipe Shop Venue
Address: 115 Victory Ship Way, North Vancouver

Gleneagles Community Centre Holiday Pottery Show & Sale
When: December 9, 2017
Time: 11am – 4pm
Where: Gleneagles Golf Course Clubhouse
Address: 6190 Marine Drive, West

Toque: Western Front’s Annual Craft Fair
Admission is by donation, suggested \$2. The event is family-friendly, open to all ages, and will feature a kids’ craft table on Saturday/Sunday.
When: December 1 – 3, 2017
Time: 6 – 10pm (Fri); 11am – 5pm (Sat & Sun)
Where: Western Front
Address: 303 East 8th Avenue, Vancouver

Coquitlam Christmas Craft Fair
Featuring over 100 Artisans. Adults \$3 | Seniors \$2 | Children 12 and Under Free.
When: December 1 – 3, 2017
Time: 5 – 9pm (Fri); 10am – 4pm (Sat & Sun)
Where: Poirier Forum
Address: 618 Poirier Street, Coquitlam

Wesbrook Village Holiday Craft Fair
When: December 2, 2017
Time: 10:30am – 3:30pm
Where: Wesbrook Community Centre
Address: 3335 Webber Lane, Vancouver

NV Holiday Bazaar
Admission is \$3, first 100 people get in free.
When: December 2 & 3, 2017
Time: 10am – 4pm
Where: Carson Graham Secondary School
Address: 2145 Jones Avenue, North Vancouver

HOLIDAY Events in Vancouver

By: Caprice Papillion
Vancouver Santa Claus Parade – December 3rd, starting at noon at Broughton Street the parade proceeds along Georgia Street and then down Howe Street until Davie.

Peak of Christmas –
Activities daily from November 24, 2017 - January 7, 2018

Lights at Lafarge – Daily from late November until around the third week in January.

Bright Nights – Open everyday from November 28th until January 1st, except for Christmas Day on December 25th

Festival of Lights – December 1, 2017, until January 2, 2018 from 4:30 to 9:00 pm. VanDusen Garden

Christmas at the Cannery – December 1st to 31st every day except for Christmas Day from 10 am to 5 pm.

Heritage Christmas at Burnaby Village – From 1 to 5:30 pm (FREE). November 25, 2017, until January 5, 2018.

Maple Ridge Christmas Festival – Christmas activities in Memorial Peace Park from 4 to 8 pm with a

parade in the evening. Takes place on Saturday, December 2, 2017.

Santa Shuffle – Saturday, December 2, 2017. Lumberman’s Arch, Stanley Park @ 10:00 AM.

Polar Express – November 25/26, Dec 2/3, Dec 9/10, Dec 16/17.

Dundarave Christmas Fair – December 2nd until the end of December.

Vancouver Christmas Market – daily from 11 am until 9 pm from November 22nd until December 24th.

Robson Square Ice Skating – December 1st until February 14th, 9 am until 9 pm Sunday to Thursday and from 9 am until 11 pm on Fridays and Saturdays.

Yule Duel: Caroling for a Cause – Thursday, December 7th, from 6 until 8 pm.

Holiday Hi-Light Festival – 5:30 and 9 pm daily in the gardens at Park and Tilford mall in North Vancouver

Make It Craft Show – December 7 to December 10th at the PNE at 2901 East Hastings Street. Admission is \$8 for folk age 12 and over.

Holiday Heights at Bloedel – Runs every day except Christmas Day from December 9th to January 2nd between 4 and 9 pm.

Chinese Lantern Festival – at the PNE Fairgrounds at 2901 East

Hastings Street from December 15th until January 21st (except for Christmas Day)

Old-Fashioned Musical Christmas – December 16th, Fort Langley from 5 to 8 pm

Christmas at Canada Place – Canada Place from noon until 6 pm (to be confirmed). December 16th to 30th.

Nutcracker with Goh Ballet – December 14th – December 19th at the Centre at 777 Homer Street at 7:30 pm.

Christmas with Chor Leoni – December 15, 16 and 18th from 4:30 and 8 pm at St. Andrew’s-Wesley United Church at 1022 Nelson Street in Vancouver.

Gingerbread Lane – Grand Hyatt downtown in early December and runs until just after Christmas.

Capilano Suspension Bridge - November 23, 2017 to January 28, 2018. Closed Christmas Day. Open from 11 AM to 9:00 PM.

Surrey’s Christmas Train - 10 am to 4 pm from December 8th until January 1st every day except for Christmas Day. Bear Creek Park at 13750-88th Avenue

Hanukkah the Festival of Lights – On Sunday, December 17, 2017 at 11:00 AM. Trout Lake Community Centre. 3350 Victoria Drive. New West Santa Claus Parade – Columbia Street starting at 11 am.



By: Caprice Papillion

We love this city, but we know things are hard out there for many. We wanted to give some shout outs to those that are giving back to those in needs. As well as letting those that are looking for ways to help others during this holiday season know how they can help.

Ignite the Warmth - Blanket Drive
Blanket, sleeping bags, warm touques, scarves, socks , mittens
How to sign up: email ignitethewarmth@gmail.com
December 17, 2017 10:00 AM

Ignite the Warmth - Donation Wrapping Event
December 16, 2017 10:00 AM

Covenant House - Christmas Backpack Program

All donations should be dropped off by December 11, 2017 to allow time to organize and pack the backpacks. Please drop off your donations to 575 Drake Street between 10:00am and 6:00pm.

Bauhaus Restaurant
Will be serving a free Christmas day lunch out of their location in Gastown at 1 West Cordova Street in Gastown to those in need.

Union Gospel Mission
UGM provides shelter, food and services for those in need. It is looking for volunteers to deliver Christmas hampers to families and seniors. People with culinary skills who are over the age of 18 can contribute on the mornings of Dec. 5 to 8 to carve turkeys in preparation for its Christmas dinner on Dec. 10.

Be a Santa to a Senior

Be a Santa to a Senior partners with nonprofit organizations to identify seniors who might not otherwise receive gifts over the holiday season. It needs volunteers to collect, wrap and deliver gifts to seniors at homes and service agencies across B.C.

How to sign up: submit your postal code at beasantatoasenior.com to find an agency near you that is looking for help.

FASHION

FASHION | FEATURE

Fashion

Not just for humans anymore

by Caprice Papillion / Photos: Caprice Papillion



Fashion is not just for us humans! There are some pretty adorable fashions out there for our dogs too. We are happy to be welcomed into Barking Babies in Yaletown by the owner Nancy Jelenic to discuss and explore some doggie fashions!

This year on the doggy runway snoods, scarves and vests are extremely popular. RJs are a huge hit as well at Christmas time and they have some super cute Moose and Canadiana RJ's which are hot sellers. In preparation for the cold weather that is coming our way they also offer some warm padded jackets to keep Fido toasty warm.

I have got to tell you some of these items I would wear if they were in human size! The little faux fur jackets, the sparkly dresses, the cozy sweaters, adult sizes please. Their vests that we mentioned are such a cool design and they come in all different textures with built in harnesses. So they aren't just fashionable they are functionable.



Nancy Jelenic,
Owner

Photo: Barking Babies

If your pup is in need of a new bed this is your place, so many options to pick from. Moon beds, pillows, furry beds, sleeping bags. You can really take your pick and can't go wrong on any choice you make. The big thing this year, what's hot, is the gorgeous faux fur sleeping bags. Can you say cozy.

Looking for stocking stuffers the shop is chock full of toys, and little bows, collars, bow ties and a display case of delicious treats. Their treats run from \$1.99 to \$3.99 and are all human grade and all natural. They are made with such ingredients as yogurt, peanut butter, flour, and applesauce. They also sell brownies, peanut butter cups (gluten free).



TECH

5 Cool Christmas Gifts

for Any Tech Lover

by : Sky Hayward

1. Gramovox Floating Record Player

The record player has definitely made a comeback in recent years and with this vertical turntable it looks more like modern art than functional music player. With your choice of two colors, the simple black and wood grain design will look great with any décor. The player has a full-range audio system built-in but also has RCA line out ports so it can be hooked up to external speakers if more sound is required. Like its predecessors it plays both 33 1/3 or 45 RPM vinyl which can be chosen by simply moving the silicone belt. It's a gift any music or art lover would be sure to appreciate. Check out Gramovox.com for more info and products.



2. ViewSonic PJ5155 Projector

Great for backyard movies on a warm summer night, camping, even just as a projector on a living room or office wall, the ViewSonic Projector is the perfect gift for the movie enthusiast on your list. With 3300 Lumens it has a bright clear picture that can be seen perfectly in daylight and even better in the dark. It projects a screen size of 83-Inches from 12-Feet to 207-Inches from 30-Feet onto a wall or sheet. Movie nights just got a lot more exciting. Check out fleetnetwork.ca or Amazon.ca for more info.



3. Belkin Qi Wireless Charging Pad

This charging pad is a great gift for anyone with an iPhone 8 / 8 Plus, iPhone X or Qi compatible Android. No more cables that stop working when you need them just lay the phone on the pad and it charges wirelessly using electromagnetic fields. Simple. Check out Amazon.com for more info.



4. Logitech K480 Keyboard

Logitech's K480 Bluetooth Multi-Device Keyboard lets you add a keyboard to any device. It works with Android and IOS, perfect for your tablet or smartphone. The cradle holds your device at the perfect angle so you can read while you type. You can even put your iPad and phone in the cradle at the same time and easily switch back and forth between devices. It comes in black or white. Check out Amazon.com for more info.



5. Fitbit Charge 2 Heart Rate + Fitness Wristband

For the fitness minded, the Fitbit is a continuous heart rate tracker to maximize workouts, better measure calorie burn and give an estimate of your cardio fitness score. It also automatically tracks how long and how well you sleep and wakes you up with a silent vibrating alarm. See call, text and calendar alerts on your wrist to keep your phone out of sight and focus on your workout. Check out Amazon.com for more info.



TRENDS

It's time to get creative

Christmas is the perfect excuse!!

By: Paula Zerpa

We all know that red, green and black are the traditional colours for Christmas. This year I invite you to take a risk and make a change! Keep the Christmas spirit and add a fun, classy and creative twist on your home with these tips!

1. Classy. This year rose gold is the go to color! It goes perfect with some soft purple, gold, silver, even earthy colours.
2. We all love the natural trees, but for a change, maybe opt for an artificial one. A fantastic idea is the white colour trees. It would look spectacular to use different tones of blue combined with some silver and purple.
3. If you are planning on using the traditional colours, add an earthy touch in the house by adding elements from nature. Gathering these items is a fantastic family activity and provide wonderful memories.



Well fellas- Goofy is the new Sexy!

By: Paula Zerpa

Who has never hosted or attended one of those funny and silly ugly sweater parties? I think is time to suit up and take these silly parties to a more glamorous level, without losing the funny and silly aspect of it of course.

Woman out there may back me up on this point. A man that makes a woman laugh has higher chances to conquer her heart. So guys, I have the perfect outfit to start a conversation for this upcoming Christmas season.

Go big or go home with either of these fantastic Christmas suits, be classy, sophisticated, charming and goofy all in one look. Find the style that speaks most to your personality and rock every single event!

These suits are available at Nordstroms in Downtown Vancouver or on www.opposuits.ca





CLASSIFIEDS

WANTED

Experienced and Mature

Contract Hair Stylist needed



World Wide Hair Hub is a Canadian global hair replacement company with a location in Dubai, that has recently expanded into Bangalore India. This position is in Bangalore, India and World Wide Hair Hub will pay for your flight and accommodations.

Stylist will be working in an professional and high-end salon. Professional appearance and demeanor required.

It is an added bonus, but not required, if you have worked in hair replacement company or if you are familiar with woman's extensions and men's and women's hair systems.

Contract will be for 6 months to 1 year.

Salary: \$2000 - \$2500 / month (including tax) take-home

India health and benefits provided

Interviewing starting December 6th

Please send your resumes to Elton Gotting at worldwidehairhub@gmail.com

Y.V.E INTERNSHIP


Opportunities

Contact us for our internship opportunities. We are looking for sales and writing interns.

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yourvanent@gmail.com




LOCATIONS:
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Looking for volunteer drivers this holiday season. call us at **604-319-9075**

We will be launching our
Classified ad section in 2018.
Reach out to us now at yveads@gmail.com
so that we can
get your ads in there!

PIC OF THE MONTH

By:Rashelle Campbell



COMMUNITY

stories,community
MUSIC,FILM
& MUCH MORE

Arts

City on Edge:
A Century of Vancouver
Activism

By: Caprice Papillion

Have you heard of this new exhibit at The Museum of Vancouver (MOV)? Visually stunning, City on Edge: A Century of Vancouver Activism is a photo-based exhibition exploring how protest demonstrations have shaped Vancouver's identity. The exhibition is a unique opportunity to access rarely seen images capturing epic moments of Vancouver's protest history from the Vancouver Sun and The Province newspaper's' photo collection. These photographs are exceptional historical records of intense and transformative moments in the lives of Vancouverites. Definitely worth checking out!

For more info, visit museumofvancouver.ca

Live Theatre

The Lion, The Witch and The Wardrobe - Waterfront Theatre (November 25 - December 31)
Cirque Du Soleil presents Kurios

Cabinet of Curiosities - Under the Grand Chapeau - Concord Pacific Place, 88 Pacific Blvd, Vancouver (October 19 - December 31)
The Shipment - The Clutch (Nov 22 - Dec 2)
East Van Panto: Snow White & the Seven Dwarves - The York (Nov 29 - Jan 6)
The Day Before Christmas - Goldcorp Stage at the BMO Theatre Centre (Nov 16 - Dec 24)
The Hunchback of Notre Dame (Panto) - Coast Capital Playhouse, White Rock (Nov 29 - Dec 30)
Onegin - Granville Island Stage (Nov 23 - Dec 31)
Oh Boy - Red Gate Review Stage. Granville Island (Dec 1 - 3)
You Are It - The Fishbowl, Granville Island (Nov 29 - Dec 9)
Bibish de Kinshasa - Theatre la Seizieme, Studio 16 (Nov 28 - Dec 2)
Wilderness - Studio 58 (Nov 16 - Dec 3)
The New Conformity - Presentation House Theatre, North Van (Nov 22 - Dec 2)
Only Drunks and Children tell the Truth - Firehall Arts Centre (Nov 11 - Dec 2)
Sleeping Beauty - Bernie Legge Theatre, New Westminster (Nov 23 - Dec 17)
The Society for the Destitute Presents Titus Bouffonius - The Cultch Historic Theatre (Nov 22 - Dec 3)
The Story of My Life - Canadian Music Centre in BC, 837 Davie Street (Nov 23 - Dec 2)
Worth the Weight - XY Lounge, 1216 Bute Street (Nov 25 - Dec 2)
Little Dickens: The Daisy Theatre - Historic Theatre (Dec 5 - Dec 22)
How Starwars Saved My Life - Performance Works, Granville Island (Dec 6 - 10)
The Realistic Joneses - The Cultch Culture Lab (Dec 6 - Dec 17)
Beauty and the Beast - Stanley Industrial Alliance Stage (Dec 7 -

Jan 13)
Bah Humbug! - SFU Woodward's (Dec 7 - Dec 16)
A Christmas Carol - Gateway Theatre, Richmond (Dec 7 - Dec 24)
.Memories of a Christmas Ornament - Evergreen Cultural Centre, Coquitlam (Dec 12 - Dec 16)
The GOH Ballet: The Nutcracker - Centre in Vancouver for Performing Arts (Dec 14 - 19)
Cinderella (Panto) - Metro Theatre, SW Marine Drive (Dec 15 - Jan 6).
Christmas Presence - Pacific Theatre, 1440 West 12th Avenue (Dec 19 - 23)
Ballet BC: Alberta Ballet's the Nutcracker - Queen Elizabeth Theatre (Dec 28 - Dec 30)

Business

Francesca Anastasi

By: Sky Hayward | Photos: Paulina Keddie

"My mission is to inspire women to live a life of freedom using their full potential to create a new set of un-limiting beliefs." - Francesca Anastasi

Francesca Anastasi is the CEO and Founder of the Magnificent You – Women's Conference which is coming back to Vancouver in March of 2018. It's an inspirational

two day event with a lineup of exhilarating guest speakers that every entrepreneurial woman should attend. Thousands of small businesses are created in Canada each year, but only 51% of new businesses survive past the first five years. Francesca teaches women how to fall in love with their businesses, so they can break through the barriers and flourish. Her goal is to help every woman she meets become independent because a woman who invests in herself is unstoppable. If the conference is inspiring and you want more she is also has Breakthrough Strategy, Business Consulting – Coaching/ Mentoring company called Confidence which you can find at confidence.com. Francesca, like a lot of us, went through a period of struggle in her life. She lost her home and her job in a short period of time and was left with fruitless job interviews and an uncertainty about her future. She concluded that she had to employ herself. She didn't want

to be reliant on employment that could fall away at any time. Her first venture was to open a dance school which was slow to take off. Rather than ending in failure it set in motion a movement to inspire and coach other women to achieve success. In addition to business training and inspirational speaking Francesca also created Shimmy Mob. It's a belly dancing Flash Mob that raises money for a variety of women's shelters. Join the movement at shimmy-mob.com. For motivational videos check out her YouTube channel, Succeed Against the Odds and tell all the women in your life to as well.

music

DJ Alibaba
An Inspiring DJ Pioneer

By: Caprice Papillion

At the end of November YVE had the pleasure of interviewing an entertainment pioneer.

He started in Winnipeg, Manitoba and moved to Vancouver in 1992. He has been active in the industry since 1985 as an on-air radio personality, television host and DJ Promoter. He has DJ'd in various night clubs, hosted concerts & after-parties for the likes of Boyz II Men, Backstreet Boys, Kanye West, just to name a few! You may also recognize him as an on-air personality, he worked for CFRO 102.7 FM, 96.1 FM, Z95.3 FM & The Beat 94.5 FM. I don't want to spoil the interview, so please sit comfortably and enjoy getting to know DJ Alibaba!

Paula: Who is DJ Alibaba?

DJ Alibaba: DJ Alibaba is a person who loves God first of all, loves people and music. Someone that wants to make a difference in the world to make it a better place.

Paula: Where does your artistic name comes from?

Dj Alibaba: This is a great story. A friend of mine, DJ Grand Master Funk, who I started DJing with when I moved to Winnipeg and was also a major promoter, went down to California. Around this time we were looking for a DJ name for myself. So, it was 4 o'clock in the morning and he called me collect and said "Hey Al, I got your name!", and I was thinking "Why am

MUSIC,COMMUNITY,MUSIC & FILM



I getting a collect phone call from Grand Master Funk at 4 o'clock in the morning"? (he laughs). Turns out that he was in this club called Alibaba's Cave in Los Angeles, California. Now, I'm originally from California, so he just linked the two together and said "I'm gonna call ya DJ Alibaba" and it just stuck. I wasn't totally fond of the name at the time, but as you know we don't necessarily pick our own nicknames, other people get to pick them for us. (He laughs). And that's how I got my name!

Paula: And how did DJ Alibaba's story start?

DJ Alibaba: I realized a financial opportunity to make a career. I could work as a DJ three night a week and make as much money as working 40 hours a week at a warehouse for Western Foods, where I was working in Winnipeg. I also realized I could spend more time with my family so it was a no brainer. It all happened because on my third year of working in the warehouse, I was offered the opportunity to DJ for the company Christmas party. The following week, two of the senior union members approached me and said "Why are you working in the company? We suggest you go and pursue your DJ dreams, because this was the best Christmas Party we've ever had." That was kind of an eye opening conversation, and a wake up call. It took me two years after that to quit my job. I quit on the day of my fifth year anniversary to pursue my DJ career full time and haven't ever looked back.

Paula: From the Military to the entertainment industry, that is fascinating. What inspired you to make this life change?

DJ Alibaba: I realized a financial opportunity to make a career. I could work as a DJ three night a week and make as much money as working 40 hours a week at a warehouse for Western Foods, where I was working in Winnipeg. I also realized I could spend more time with my family so it was a no brainer. It all happened because on my third year of working in the warehouse, I was offered the opportunity to DJ for the company Christmas party. The following week, two of the senior union members approached me and said "Why are you working in the company? We suggest you go and pursue your DJ dreams, because this was the best Christmas Party we've ever had." That was kind of an eye opening conversation, and a wake up call. It took me two years after that to quit my job.

I quit on the day of my fifth year anniversary to pursue my DJ career full time and haven't ever looked back.

Paula: May I ask you what triggered the decision to quit your job after two years of knowing that your heart was with the turntable ?

DJ Alibaba: Well I wasn't happy at my job. I wasn't being challenged mentally but I did have a family to support, so I meticulously thought it out and said "Ok, I'm going to give myself another two years working in here", so on my fifth anniversary I decided to quit for my own personal growth and happiness.

Paula: Very inspiring. Not everyone has the will to fight for their true dreams, because sometimes their responsibilities hold them back. But you are a living example that one just has to trust in yourself, fight and not give up. You are a role model to this new generation, but who are your role models?

DJ Alibaba: My mom and dad are my number one role models, and then after that would be Martin Luther King Jr., Muhammad Ali, Nelson Mandela, Bob Marley, Mother Teresa and so many others whose foundation is love.

Paula: I honestly can see that in you, because for example, in your shows, you read people and ensure they have a good time and finish their day with a smile on their face. Your career and your persona is all about giving truly to others. Even though you have such an extensive career in the entertainment world you are very down to earth. You have hosted after-parties for people like Backstreet Boys and Kanye West, and you are also an on air personality, what has been one of the greatest memory you have had so far?

DJ Alibaba: I had an opportunity to go to Greenville, BC and DJ with a friend of mine, Jon Malach aka JIAL 14. His father was a counsellor in Greenville, BC, at Nisgaa Village and they wanted to have a dance for the school. So they flew us there to DJ, we went in with an open mind. We brought presents, shirts, CDs, posters, a bunch of things. Not knowing what we were about to experience. The adults of the reservation prayed over us, and blessed me with a hat, hand-made, from them. That was the most spiritual, enlightening and fulfilling experience I have ever had as a DJ. It really just connected me with the people and their oppression of living on a reservation, and through that oppression I saw that regardless of their circumstances they were the most happy, loving, and welcoming people I have ever met. It was truly the most exceptional experience I've ever had in my DJ career, and that means more to me than DJing in front of 18,000 people.

Paula: I can only imagine how wonderful that experience was. One of the greats gifts in life is when someone allows you to enter in their life. They not only did that but showed you a little piece of history with the blessed hat they gave you, how wonderful. What has been the most challenging obstacle you have overcome yet?

DJ Alibaba: Self doubt, and the doubt of others. Self doubt, not having the confidence, and having other people, and some of the closest people in your life, telling you that you can't do it, you can't make DJing your career, you can't make a living out of that. As much as they love you, they can plant doubt and insecurity in your mind. I always say "The only people who say can't are the ones who haven't."

Paula: If you could go back in time and talk to yourself when you were younger, what would you say to the young DJ Alibaba pursuing his dreams?

DJ Alibaba: "Drop your ego!", and treat everyone with respect. Don't just do things for monetary reasons or for self fulfillment and just remember, "all money ain't good money". My dad used to always say to me, "Yeah, that's right Al, it's all about you", and I never understood until I matured. He was basically telling me to get over myself ... sometimes we can be a little too high on ourselves.

Paula:You mentioned to me that you coach basketball, that you started coaching your daughter's team. And once she graduated you stopped, but later on another person asked you to coach again and you have haven't stopped since then. It's has been over twenty years now, what do you cherish most as a basketball coach?



DJ Alibaba: The impact I have in young people's lives. I don't coach for the win, I don't coach to teach people how to play basketball. My number one job is to help them become better people. As adults we can learn a lot from the youth because they are the future, and as adults sometimes we spend more time telling them how to do things, how they should be, but we don't listen. If we listened, we would be better equipped to guide in the right direction. My personal scripture, because I am a believer, God is my foundation and Jesus is my friend, is 1 John 4:4 "Greater is He in me, than He in the world". My pastors, John and Helen Burns of Relate Church (Surrey) reminded

us this past Sunday what you do will become history, what you set in motion will be your legacy. I want to leave a legacy, not just be history.

Paula: What an inspiring life goal! What would be your advice for the new generation of entertainers?

DJ Alibaba:

- The best investment you could make is in yourself.
- You pay for what you don't know.
- Say what you mean and mean what you say.

The three Golden Rules that I hope stay with them throughout their lives. Follow your passion, whatever you do always do it with excellence, do everything with integrity, do it for others not yourself or money, do it for the love of it, and always be happy for other people's success.

Paula: As you mentioned before, you want to leave a legacy and part of your legacy so far is your company Friends United Beyond All Race, which you use to raise funds for charity. How did it start?

DJ Alibaba: Felix Banting, Burt Arciega and I ran a long weekend club party called F.U.B.A.R., and we wanted to do something to thank people for supporting us over the years. So Felix introduced me to Harold Frederiks who was managing Splashdown Park. We decided to do a picnic, have people come down and BBQ with their families. After a few years there was a lot of people coming so we decided to turn it into an opportunity for people to give towards a charity. So we officially started the annual Summer Splash event.

Then Felix somehow got me to quit baseball and play golf instead. That's when he sprung the idea of us hosting a charity golf tournament, I think he set me up! (he laughs).

We looked for a charity and decided to raise funds for Make-A-Wish after we spoke with Kim Heron, who was the catalyst for everything we do today. She invited me to come down to the office, and from the time I walked through the door we just hit it off. Her joke was that she was wondering "who was this black guy with all that bling on, looking like he's from the hood?", (he laughs). She felt the heart we had for people and what we wanted to do, that we didn't have any other motives but to help kids and families who were going through difficulties. Everything got set in motion, and from that day on, I've been with Make-A-Wish ever since, it's been approximately fifteen years now.

Paula: If anyone is interested in making donations, how can they find out more information?

DJ Alibaba: Our page for information and donations is friendsunit-edbeyondallrace.com and you can also find my DJ information and what nights I spin at djalibabavancouver.com.

Paula: I am sure our readers would love to check out your events, can you give us any spoilers for the next events you have coming up?

DJ Alibaba: Well I currently DJ every Thursday night at City Side Winery (Olympic Village, Vancouver), we call it Soul 'N The City. On Friday nights I'm at the Flying Beaver (Richmond), Saturdays are at The Park at English Bay, inside The Best Western Plus Sand Hotel (Vancouver), the weekly event is called Soul Train Social. New Years Eve will be at The Hilton in Metrotown Vancouver with Melo Productions, it will be a crazy good party with dinner and four rooms of entertainment. At the end of the NFL season, I'll be hosting this years NFL playoffs at The Clayton Public House (Cloverdale/Surrey) and The Super Bowl Party at Jack's Public House (Surrey)

Paula: YVE will remind all of the readers about this coming events. I would like to thank you for your time, and being so kind to take this interview. It has been a fantastic experience to get to know one of the legends in the industry and his kind heart. You are such an example. Thank you very much!



DJ Alibaba: Thank You for the opportunity, I appreciate it. One Love to everyone and... Merry Christmas!

Jojo Mason

By: Sky Hayward | Photos: Paulina Keddie



Jojo Mason is one of Canada's hottest new country singers. Signed to 604 and Manicdown records JoJo released his first album entitled Both Sides of the Bar in June 2017 which is available everywhere, check it out. "When you least expect it and when you're not looking for something is when it happens" JoJo said in YVE's recent interview. Originally from Regina JoJo's family relocated to Victoria where at 15 he got an opportunity to play junior hockey. A back injury ended his hockey career early and he saw his dreams disappear. "When you have one

COMMUNITY



thing that you want so bad and it gets taken away from you, you lose yourself, you lose your identity” he said. He went through a dark period. His mom realized he was having a hard time and moved him to Vancouver where he worked as a bartender.

One night on his way to a friend’s party he stopped and bought a bottle of moonshine. During the party a man came over to him. He said that he’s a songwriter and he was having an argument with his co-writer earlier that day about a line in a song they were writing about drinking moonshine out of a jar, and here someone was drinking moonshine out of a jar. Argument won. They talked, and the man turned out to be Dan Swinimer from Manicdown Productions. He asked Jojo if he can sing and Jojo said, “I can try. I can sing in the shower, I can sing in the car.” Dan Swinimer saw the star quality in Jojo and gave him his card. He told him if he had the guts to call him he’d give him an hour in the studio. The next morning, after waking up on the couch, Jojo went through his pockets and found the card. After 45 minutes of deliberation he sent Dan a message saying he was interested. Dan sent him a karaoke website to pick a song from. Jojo loves all music, R&B, country, soul, pop, every type of music but he picked a country song. A couple of years later and here Jojo Mason is topping Country charts with 4 top 20 songs and 4 music award nominations. He’s touring Canada starting Jan 11th, 2018 with a sold-out performance at the Commodore Ballroom on Feb 10th.

When asked what his biggest accomplishment is he said, “For me the biggest accomplishment has been watching myself grow. Y’all wouldn’t even recognize me back then, to see how far I’ve come, not just as a musician or guitar player but as a man, as a person. I feel like I’m grown up. It’s a long time since I felt consistently happy in almost every aspect of my life. There are always going to be struggles but I’m so much more aware of my surroundings and the things I need to be conscious of. So, my biggest accomplishment so far is how much I’ve grown as a person, how happy I know I can be and how happy I know I deserve to be.” JoJo Mason is genuine and humble, and it comes across in everything he does.

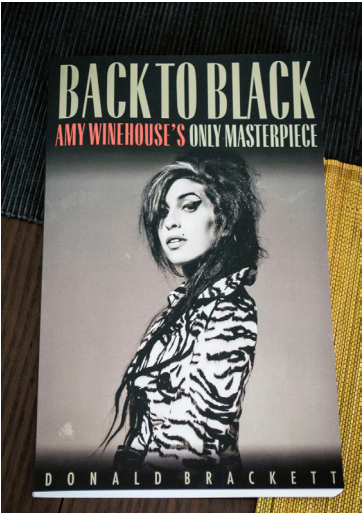
“I hope everyone that reads this wants to jump on my journey and come with me. You can find me at jojomasonmusic.com, jojomasonmusic on Instagram, Facebook and Twitter, I’m all over the place so I hope that everyone jumps on this journey with me. I do all my own social media so please reach out if

y’all need to.” Everyone, let’s show JoJo some love.

Written word

Donald Brackett

By: Sky Hayward



YVE recently had the pleasure of sitting down with Vancouver based author Donald Brackett to talk Amy Winehouse, 60’s girl groups, and music in pop culture. Donald Brackett is a popular culture writer, an art historian, critic and curator. He taught art and design history at the Ontario College of Art and Design and George Brown College in Toronto. He’s a culture critic which is someone who identifies, analyzes, and judges patterns in culture. He writes extensively about art and films but says that he has always been obsessed with music. His books include Fleetwood Mac: 40 Years of Creative Chaos and Dark Mirror: The Pathology of the Singer Songwriter. 2016 marked the 10th anniversary of the multi-Grammy winning album Back to Black and the 5th anniversary of Amy Winehouse’s passing. Donald Brackett’s newest book entitled Back to Black: Amy Winehouse’s Only Masterpiece, published the same year, commemorated the momentous impact of both of these events. Winehouse only released two studio albums, Frank in 2003 and Back to Black in 2006. Where Frank is lighter and more poppy; Back to Black is deeper and darker with a much more polished studio sound. In Brackett’s opinion Back to Black is the most perfect pop album ever recorded with the title track Back to Black being the most perfect pop song ever recorded. Amy Winehouse’s autobiographical lyrics and love of the 60’s girl group sound led producers Salaam Remi and Mark Ronson to help her hone her soul – jazz style and achieve the sound she had been looking for.

Instead of writing about the tragedy of her short life and fatal addictions as numerous others already have he focuses on the making of what he considers her only masterpiece. He details the

development of the iconic Back to Black album. It’s about the evolution of Amy as the jazz singer she was and the magnificent musicians, the Dap-Kings that backed her in studio and on tour. This album gave us the raw emotion of a young woman going through heartbreak that is still as poignant today as when she wrote it over ten years ago. Back to Black: Amy Winehouse’s Only Masterpiece is the celebration of music and of a talent that when managed to be captured in the right way lives forever.

Movies

Christmas with Cineplex Odeon

- **ELF** - Playing on the big screen on December 2nd. Playing at Cineplex Odeon International Village, Metropolis, Riverport and Coquitlam.
- **Miracle on 34th Street** - Playing on the big screen on December 2nd. Playing at The Park Theatre (Cambie), Park & Tilford, Metropolis, Riverport and Coquitlam.
- **Polar Express in 3D** - Playing on the Big Screen on December 9th. Playing at Cineplex Odeon International Village, Metropolis, Riverport, Coquitlam.
- **Miracle on 34th Street** - Playing on the big screen on December 2nd. Playing at The Park Theatre (Cambie), Park & Tilford, Metropolis, Riverport and Coquitlam.

COMEDY

Recurring

TheatreSports (Tues-Wed, Fri-Sat), Vancouver TheatreSports League, Improv Centre, Granville Island Christmas Queen 4 – Secret Santa (Wed-Sat, Nov. 22-Dec. 23), Vancouver TheatreSports League, Improv Centre, Granville Island Improv Wars - The Laughing Jedi (Thurs-Sat), Vancouver TheatreSports League, Improv Centre, Granville Island OK Tinder (Fri-Sat), Vancouver TheatreSports League, Improv Centre, Granville Island Top Talent Showcase, Yuk Yuks, Vancouver (Tuesdays, 8:00 PM) Rookie Night (Sun), Vancouver TheatreSports League, Improv Centre, Granville Island Instant Theatre presents Improv Theatre, Havana, Vancouver (Fridays and Saturdays, 10:30 PM), (Sundays, 7:30 / 9:00 PM) Monday Night Laugh Gallery with Graham Clark, Havana, Vancouver (9:00 PM) Little Mountain Improv, Little Mountain Gallery, Vancouver (tuesdays, 8:30 / 10:00 PM) ProAm Comedy, the Comedy Mix, Vancouver (Tuesdays, 8:30 PM) Amateur Night, Yuk Yuks, Vancouver (Wednesdays, 8:00 PM) Comedy Showcase, the Comedy Mix, Vancouver (Wednesdays, 8:30 PM) Blind Tiger Comedy, Little Mountain Gallery, Vancouver (Wednes-

day & Thursday, 8:00 / 10:00 PM) #NoFilter (Thurs), Vancouver TheatreSports League, Improv Centre, Granville Island Open Mic, Yuk Yuks, Vancouver (Thursdays, 10:00 PM) Jokes Please!, Little Mountain Gallery, Vancouver (9:00 / 10:30 PM)


Friday, December 1 2017 Bobby Lee / Kathleen McGee, Yuk Yuks, Vancouver (8:00 PM) Blind Tiger Comedy, Little Mountain Gallery, Vancouver (8:00 / 10:00 PM) Charlie Demers, the Comedy Mix, Vancouver (8:00 / 10:30 PM) Jerry Seinfeld, Abbotsford Centre, Abbotsford (7:30 PM)

Saturday, December 2 2017 Bobby Lee / Kathleen McGee, Yuk Yuks, Vancouver (7:00 / 9:30 PM) Carmelahhh! Comedy, Little Mountain Gallery, Vancouver (8:00 / 10:00 PM) Charlie Demers, the Comedy Mix, Vancouver (8:00 / 10:30 PM)

Thursday, December 7 2017 Kyle Jones / James Kennedy / Dion Arnold, Yuk Yuks, Vancouver (8:00 PM) Gabriel Rutledge, the Comedy Mix, Vancouver (8:30 PM) Friday, December 8 2017 Kyle Jones / James Kennedy / Dion Arnold, Yuk Yuks, Vancouver (8:00 PM) Phantom Signal, Little Mountain Gallery, Vancouver (8:00 / 10:00 PM) Gabriel Rutledge, the Comedy Mix, Vancouver (8:00 / 10:30 PM) Oh Man!, Havana, Vancouver Saturday, December 9 2017 Kyle Jones / James Kennedy / Dion Arnold, Yuk Yuks, Vancouver (7:00 / 9:30 PM) Proud of You, Little Mountain Gallery, Vancouver (8:00 / 10:00 PM) Gabriel Rutledge, the Comedy Mix, Vancouver (8:00 / 10:30 PM) Oh Man!, Havana, Vancouver Thursday, December 14 2017 Cedric Newman / Richard Lett / Chris Gaskin , Yuk Yuks, Vancouver (8:00 PM) Chris Locke, the Comedy Mix, Vancouver (8:30 PM) Friday, December 15 2017 Cedric Newman / Richard Lett / Chris Gaskin , Yuk Yuks, Vancouver (8:00 PM) Grad School Improv, Little Mountain Gallery, Vancouver (8:00 / 10:00 PM) Chris Locke, the Comedy Mix, Vancouver (8:00 / 10:30 PM) Saturday, December 16 2017 Cedric Newman / Richard Lett / Chris Gaskin , Yuk Yuks, Vancouver (7:00 / 9:30 PM) BloodFeud Comedy, Little Mountain Gallery, Vancouver (8:00 / 10:00 PM) Garbage Sisters, Little Mountain Gallery, Vancouver (10:30 / 11:30 PM) Chris Locke, the Comedy Mix, Vancouver (8:00 / 10:30 PM) Wednesday December 20 2017 Roast Battle, Little Mountain Gallery, Vancouver (9:00 / 10:30 PM) Thursday, December 21 2017 Kevin Banner, the Comedy Mix, Vancouver (8:30 PM) Friday, December 22 2017 Jane Stanton / John Cullen / Steve McGowan , Yuk Yuks, Vancouver (8:00 PM) The Brett Martin Show , Yuk Yuks, Vancouver (10:30 PM)

Kevin Banner, the Comedy Mix, Vancouver (8:00 / 10:30 PM) Saturday, December 23 2017 Jane Stanton / John Cullen / Steve McGowan , Yuk Yuks, Vancouver (9:30 PM) Kevin Banner, the Comedy Mix, Vancouver (8:00 / 10:30 PM) Thursday, December 28 2017 Ivan Decker, the Comedy Mix, Vancouver (8:30 PM) Friday, December 29 2017 Kathleen McGee, Yuk Yuks, Vancouver (8:00 PM) Damonde Tschritter / Amber Harper-Young , Yuk Yuks, Vancouver (8:00 PM) The List, Little Mountain Gallery, Vancouver (8:00 / 10:00 PM) Ivan Decker, the Comedy Mix, Vancouver (8:00 / 10:30 PM) Saturday, December 30 2017 Kathleen McGee \ Damonde Tschritter / Amber Harper-Young , Yuk Yuks, Vancouver (9:30 PM) Weird Al Karaoke!, Little Mountain Gallery, Vancouver (9:00 / 11:00 PM) Ivan Decker, the Comedy Mix, Vancouver (8:00 / 10:30 PM) Sunday, December 31 2017 New Years Eve Special Show , Yuk Yuks, Vancouver (10:00 PM) New Years Eve Triple Bill, the Comedy Mix, Vancouver (10:00 PM)





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EVENTS | VANCITY



By: Sky Hayward
Photography Care of Pinnacle Hotel Harbourfront

If you’re looking for a family-friendly way to ring in the New Year, Pinnacle Hotel Harbourfront, located in Coal Harbour at 1133 West Hastings Street, is holding their 3rd annual New Year’s Eve Celebration.



The doors open at 6:00 pm followed by a delicious sit down buffet dinner at 6:30 pm. The evening includes a live DJ and family entertainment. The countdown is at 9 pm, “East Coast Time,” so the little ones can join in.

Tickets sell out quickly so get yours right away!
Go to www.eventbrite.ca for tickets and event information.

WinterDance #onrobson



On December 1st and 2nd, Winter’s Dance #onRobson returns to kick off the holiday season! Presented by the Robson Street Business Association (RSBA), ‘The Snow Queen’ will take centre stage at 1155 Robson Street at 6 p.m. each night. In collaboration with Small Stage, a local non-profit dance organization, a short, whimsical story about a Snow Queen and her kingdom has been created that will be projected onto the John Robson Building creating a winter wonderland amidst the hustle and bustle of Robson Street. Performances will be repeated every 15 minutes throughout the evening until 9 p.m. each night. To add to the holiday experience, extra cheer will be served up with hot cups of cocoa and sweet

treats for spectators in need of warming up and refueling. Please note that Robson Street will remain open to vehicle traffic.

Hillary Clinton Book Tour

== HILLARY CLINTON LIVE ==



American politician and former United States Secretary of State Hillary Clinton is coming to Vancouver on Wednesday, December 13th, 2017. She will be in town for her new book tour, Hillary Clinton: Live that is travel across Canada and the United States. Her new book is her memoir and discusses such things as how to get up after a tough loss, challenges she faced and overcame, and, how you can look ahead to future challenges. There are numerous ticket options but if you have a few thousand extra cash in pocket the VIP platinum ticket will get you a meet and greet with the former First Lady.

Location: Vancouver Convention Centre (West) - 1055 Canada Place, Vancouver
Admission: \$79 - \$3000
Time: 11:00 a.m.
Date: Wednesday December 13th, 2017

EVENTS

Holiday Heights

By: Caprice Papillion

Warm up inside the tropical dome while enjoying the exotic birds, lush gardens and holiday light display produced by MK Illumination. Find all the hidden penguins in the arctic oasis for our holiday-themed scavenger hunt. Enjoy the evening city views and lit fountains at Queen Elizabeth Park.



Lots of things to see and do at a family-friendly price!
Where: Queen Elizabeth Park, The main entrance to the Bloedel Conservatory is located off 33rd Avenue between Cambie and Main Streets.

Dates: December 15 - January 7 (Closed on Dec 25)
Hours Of Operation: 10:00am - 8:00pm daily

TIPS: Free parking is available during event hours only at the parking lot by the fountains (other parking in the park is charged).

Holiday Traditions at the Vancouver Aquarium

By: Caprice Papillion



Photo: Vancouver Aquarium

The Vancouver Aquarium is offering up some magical Christmas fun for everyone! From magical aquatic displays, to Scuba Claus, and many different special seasonal activities. Holiday Traditions Start With Scuba Claus The holidays aren’t complete without a visit with Scuba Claus. Watch the jolly old man in the red suit (and black flippers) swim with the fish in the Wild Coast and Strait of Georgia exhibits. Scuba Claus dives daily from November 24 to December 24.

Holiday Traditions Always Include Rudolph

This magical 4-D experience means you will not only watch Rudolph on his epic adventure, you will feel it. You’ll feel the snow against your face and a rumble in your chair as the Abominable Snow Monster appears. Holiday Traditions Last Forever With Scuba Claus Photos Capture the magic of your holiday visit forever and pose for a photo with the one and only, Scuba Claus. Wetsuit not required. Scuba Claus is only here from November 24 to December 24. Holiday Traditions Sparkle In The New Jelly Snow Globe New this year, we have transformed the jellyfish exhibit into an awe-inspiring snow globe. With a light display this spectacular, even Santa’s elves would be jelly. Holiday Traditions Always Include The Eel-lectric Lights Show Prepare yourself for a shocking holiday display as the Aquarium’s electric eels light up a Christmas tree using only the electricity in their bodies. Holiday Traditions Continue With The Kelp Forest Maze As you find your way through the Kelp Forest Maze, you’ll encounter all kinds of surprises. You will learn all about life under the sea, discover festive photo opportunities, and you may even stumble across a jolly old man in a red suit. Holiday Traditions Always Include a Scavenger Hunt Each month at Vancouver Aquarium, staff nominate their favorite animals. We have rounded up these staff picks from the past year to make it easy for you to take part in a unique self-guided scavenger hunt. The scavenger hunt takes place from December 25, 2017 to January 7, 2018.

- DATE: November 22, 2017 - January 7, 2018 (Recurring daily)
- Location: Vancouver Aquarium
- Address: 845 Avison Way, Stanley Park, Vancouver

For more information please visit vanaqua.org

Ollie Quinn

By: Sky Hayward | Photos: Paulina Keddie



Buying eyeglasses can be very expensive but it doesn’t have to be. Ollie Quinn is an independent eyewear brand from the UK with 6 new locations in the Lower Mainland. They have a large selection of colors, sizes and styles to choose from in prescription glasses and sunglasses. The frames and lenses are sold as a single unit for a single price, just \$145. High index lenses are just \$245 and your glasses are available in a week or two weeks for more complicated prescriptions. The way they are able to keep the costs low is by designing the frames in house and cutting the high quality lenses locally. Ollie Quinn works directly with the manufacturers so they don’t have extra costs therefore they don’t have to charge the customer extra. The focus is on quality and style and working with the community. Each boutique was designed by in-house architects to have a modern, clean aesthetic. Designers work with local furniture suppliers and craftspeople to reflect the neighborhood of the store so no two boutiques are alike. Ollie Quinn hires people who are excited about their mission and you can see that in their customer service. They’re friendly and eager to help. Many Ollie Quinn locations have in-store opticians that offer eye exams so you know you’re getting the best lenses for you. Vancouver locations are: Gastown (303 Cambie Street), Downtown Vancouver (555 Burrard Street), Main street (3795 Main Street), Commercial Drive (1928 Commercial Drive), Kitsilano (2082 West 4th Street) Burnaby (Metrotown 4700 Kingsway). It sounds too good to believe but drop in and check them out.

EVENTS

CITY
EVENTS

Friday, December 1 2017

Vancouver Chamber Choir – Re-joice! European Carols & Readings concert at Dunbar’s Ryerson United Church at 2195 West 45th Avenue.
Handel’s Messiah - Vancouver Playhouse
The National - Queen Elizabeth Theatre (8:00 PM)
Current Swell - Sugar Nightclub
Odd Squad Productions 20th Anniversary Fundraising Gala - Pinnacle Hotel Harbourfront
Rick Estrin and the Nightcats - Rio Theatre
Sales - Biltmore
A Prairie Christmas - Evergreen Cultural Centre
Classics of Broadway - Orpheum Theatre
Only Joy Aloud - Kay Meek Centre
Powerclown and Ham Wailin’ - Rickshaw Theatre
Rejoice: European Carols and Readings - Dunbar Ryerson United Church
Shabazz Palaces - Cobalt
The Unknown Soldiers - The Pub 340
Beatginnings 1 Year Anniversary - Fortune Sound Club
Com Truise - Open Studios
Slow - Fox Cabaret
Luttrell - Celebrities Nightclub
Tim Neufeld and the Glory Boys - White Rock Baptist Church
Ann Mortifee - Christ Church Cathedral
The Quixotic Neurotics and Bridges to Royal - The Roxy Cabaret

Saturday, December 2 2017

Vancouver Welshmen’s Choir – “Sounds of Christmas” at 1657 140th Street at 2:30 pm
The Unknown Soldiers - The Pub 340
Only Joy Aloud - Kay Meek Centre
Classics of Broadway - Orpheum Theatre
The National - Queen Elizabeth Theatre (8:00 PM)
Tennis, Wild Ones - The Cobalt (8:00 PM)
William Prince with Guest Justin Lacroix - Rio Theatre on Broadway - Vancouver (8:00 PM)
Current Swell - Sugar Nightclub
Handel’s Messiah - Vancouver Playhouse
Vancouver Canucks vs. Maple Leafs - Rogers Arena
Dirty Betty Show - Cafe Deux Soleils
Louis the Child - Vogue Theatre
Brasstronaut - Biltmore Cabaret
Slow - Fox Cabaret
William Prince - Rio Theatre
Taboo Queen and Garrett - The Roxy Cabaret

Sunday, December 3 2017

Old School Sundays – Calabash Bistro
Sunday Night Live – 3201 Mountain Highway

Handel’s Messiah - Kay Meek Centre
Black Gardenia - ANZA Club
Christmas with the Bach Choir – at 2 pm at the Orpheum at 601 Smithe Street in Vancouver.
Kenny G – The Miracles Holiday & Hits Tour at the Queen Elizabeth Theatre.
Jazz Vespers in Surrey – 8855 156th Street between 4:00 and 5:00 pm. By donation.
Katherine Penfold - Frankie’s Jazz Club
Emily Taylor Adams - The Roxy Cabaret
Trespass - Pacific Theatre
Tolan Shaw and Sister Speak - Guilt & Co

Monday, December 4 2017

Reggae Night Jamdown – Calabash Bistro
Soul Train Social – The Park at English Bay (1755 Davie Street)
A Symphonic Tribute to the Music of Prince - Orpheum Theatre
Pixies - Queen Elizabeth Theatre

Tuesday, December 5 2017

Good Life Sundays – Every Sunday Republic Nightclub
The Return: Naked Girls Reading - Projection Room at Fox Cabaret
Vancouver Canucks vs. Carolina - Rogers Arena.
Vancouver Giants vs. Portland - Langley Events Centre at 7:00 pm.
Brit Floyd - Immersion World Tour 2017 - Queen Elizabeth Theatre (8:00 PM)
Franz Ferdinand - Commodore Ballroom (doors 8:00 PM, Show 9:00 PM)

Wednesday, December 6 2017

A Jann Arden Christmas with the VSO – at 8:00 pm at the Orpheum at 601 Smithe Street in Vancouver.
Vancouver Canucks vs. Philadelphia - Rogers Arena.
Good Lovelies - WISE Hall
Shiny - Left of Main
Leif Vollebeck, Isaac Taylor - Imperial (9:00 PM)
The Killers - Doug Mitchell Thunderbird Sports Centre
Franz Ferdinand - Commodore Ballroom (doors 8:00 PM, Show 9:00 PM)
Diana Krall - Queen Elizabeth Theatre
Unsane and Plaque Marks - The Cobalt
Dead Country Gentlemen - The Roxy Cabaret

Thursday, December 7 2017

Shiny - Left of Main
Vancouver Canucks vs. Flyers - Rogers Arena
Guitar Cabaret - ANZA Club
A Twin Kennedy Christmas - Evergreen Cultural Centre
Grizzly Bear - Orpheum Theatre
Not so Silent Night - Commodore Ballroom
Emily Haines and the Soft Skeleton - Chan Centre for the Performing Arts

Dear Rouge - Commodore Ballroom
Brenmar - Fortune Sound Club

Friday, December 8 2017

Shiny - Left of Main
Christmas Celebration of Music and Dance - Massey Theatre
Diana Krall - Queen Elizabeth Theatre
From New York: Champion Fulton Quartet
Jhene Aiko - Vogue Theatre
Patterson Hood - Fox Cabaret
The Pack A.D - Rickshaw Theatre
Metz - Cobalt
Cindy Wilson and Sarah Jaffe - The Railway Club

Saturday, December 9 2017

Singing Christmas Tree – Broadway Church at 2700 East Broadway at 3 and 7 pm.
Shiny - Left of Main
Vancouver Symphony Orchestra – 4:00 and 7:30 pm at 1022 Nelson Street.
Vancouver Bach Choir – Handel’s Messiah at 8 pm at the Orpheum at 601 Smithe Street in Vancouver.
Vancouver Giants vs. Kootenay ICE - Langley Events Centre at 7:00 pm.
From New York: Champion Fulton Quartet
Peace on Earth - Queen Elizabeth Theatre Plaza
Winter Concert of Dance - Centennial Theatre
Hundred Waters - Fox Cabaret
Julian Baker - Rickshaw Theatre
Dash Berlin - Harbour Event Centre
Eli & Fur - M.I.A.
Davenport - The Roxy Cabaret
Kasey Riot - The Waldorf Hotel
Tyler Skyy - 333

Sunday, December 10 2017

Singing Christmas Tree – Broadway Church at 2700 East Broadway at 7:30 pm.
Vancouver Symphony Orchestra – 7:30 pm at 1022 Nelson Street.
Jazz Vespers in Surrey – 8855 156th Street between 4:00 and 5:00 pm. By donation.
3rd Annual Sunday Soul Brunch - The Emerald

Monday, December 11 2017

Old School Sundays – Calabash Bistro
Sunday Night Live – 3201 Mountain Highway
Jay-Z - Rogers Arena

Tuesday, December 12 2017

Reggae Night Jamdown – Calabash Bistro
Soul Train Social – The Park at English Bay (1755 Davie Street)
Charlie Hunter Trio - BlueShore
Financial Centre for the Performing Arts
Alex Lahey - Cobalt

Wednesday, December 13 2017

Good Life Sundays – Every Sunday Republic Nightclub

Vancouver Symphony Orchestra – 7:30 pm at 1988 56th Street in Delta.
Vancouver Canucks vs. Nashville at Rogers Arena.
Collie Buddz - Venue
Taylor James Music - Two Lions

Thursday, December 14 2017

Vancouver Symphony Orchestra – A Christmas Tradition concert at 4:00 and 7:30 pm at the Kay Meek Centre at 1700 Mathers Avenue in West Vancouver.
Keep It All Year - Rickshaw Theatre
Music for the Winter Solstice - Heritage Hall
We Three Queens - Kay Meek Centre
Cam and Logan Mize - Commodore Ballroom
CR Avery - Rio Theatre
Che Aimee Dorval - Fox Cabaret
Ornament & Crime - The Railway Club
Matt Kingsley - The Fringe

Friday, December 15 2017

Vancouver Giants vs. Victoria - Langley Events Centre at 7:30 pm.
Vancouver Canucks vs. San Jose - Rogers Arena.
Singing Christmas Tree – Broadway Church at 2700 East Broadway at 7:30 pm.
Christmas with Chor Leoni – at 4:30 and 8 pm at 1022 Nelson Street in Vancouver.
Good Noise Vancouver Gospel Choir – Jazz vocalist Maureen Washington at 8 pm at 690 Burrard
Vancouver Symphony Orchestra – 4:00 and 7:30 pm at 2300 Lonsdale Avenue
Deathmas Festivus - Rickshaw Theatre
Siobhan Walsh Group: A Tribute to Aretha Franklin - Frankie’s Jazz Club

Saturday, December 16 2017

Singing Christmas Tree – Broadway Church at 2700 East Broadway at 7:30 pm.
Nutcracker with Goh Ballet – at the Centre at 777 Homer Street at 2:00 and 7:30 pm.
Vancouver Chamber Choir – Baroque Christmas, Orpheum Theatre at 601 Smithe Street.
Good Noise Vancouver Gospel Choir – Jazz vocalist Maureen Washington, 3 and 8 pm, 690 Burrard Street
Christmas with Chor Leoni –4:30 pm, 2062 Esquimalt Avenue in West Vancouver.
Vancouver Welshmen’s Choir – 1550 West 33rd Avenue at 7:30 pm.
Vancouver Symphony Orchestra – 4:00 and 7:30 pm at 6250 144th Street in Surrey.
Marcus Mosley & the Gospel Chorale – Mount Seymour United Church from 7 to 9 pm.

Sunday, December 17 2017

Vancouver Canucks vs. Calgary - Rogers Arena.

Singing Christmas Tree – Broadway Church at 2700 East Broadway at 7:30 pm.
Vancouver Symphony Orchestra – 4:00 and 7:30 pm, 7373 Macpherson Avenue in Burnaby.
Barr Brothers - Imperial
Emily Chambers - River Rock Casino

Monday, December 18 2017

Old School Sundays – Calabash Bistro
Sunday Night Live – 3201 Mountain Highway

Tuesday, December 19 2017

Reggae Night Jamdown – Calabash Bistro
Soul Train Social – The Park at English Bay (1755 Davie Street)
Vancouver Canucks vs. Montreal - Rogers Arena.
Nutcracker with Goh Ballet – at the Centre at 777 Homer Street at 7:30 pm.

Wednesday, December 20 2017

Good Life Sundays – Every Sunday Republic Nightclub
Taylor James Music - Sylvia Hotel

Thursday, December 21 2017

Winter Solstice Lantern Festival –at Granville Island, Chinatown, Yaletown and Strathcona
Christmas with the Rat Pack - Hard Rock Casino (8:00 PM)
Xavier Omar - Fox Cabaret
The Funk Hunters - Commodore Ballroom
Alison Crowe - The Cultch

Friday, December 22 2017

An Olde English Christmas - River Rock Casino
Mark Farina - The Imperial
The Funk Hunters - Commodore Ballroom
Jingle Bells Night - Lafarge Lake in Town Centre Park
Mei Lanfang Beijing Opera Troupe - Queen Elizabeth Theatre
Shaun Frank and Delaney Jane - Venue Nightclub
Rachael Schroeder - The Roxy Cabaret

Saturday, December 23 2017

H.R. MacMillan Space Centre Cosmic Nights 2017 - H.R. MacMillan Space Centre - 1100 Chestnut Street, Vancouver
Vancouver Canucks vs. St. Louis - Rogers Arena.
Dark Xmas - Astoria Pub (9PM - 2AM)
Billy Kenny - M.I.A.

Sunday, December 24 2017

Dark Xmas - Astoria Pub (9PM - 2AM)
Monday, December 25 2017
Old School Sundays – Calabash Bistro
Sunday Night Live – 3201 Mountain Highway
Tuesday, December 26 2017

EVENTS

Reggae Night Jamdown – Calabash Bistro
Soul Train Social – The Park at English Bay (1755 Davie Street)
Contact Winter Music Festival – a music festival at BC Place Stadium.

Wednesday, December 27 2017

Good Life Sundays – Every Sunday Republic Nightclub
Contact Winter Music Festival – a two-day music festival at BC Place Stadium.
Vancouver Giants vs. Everett - Langley Events Centre at 7:00 pm.

Thursday, December 28 2017

Vancouver Canucks vs. Chicago - Rogers Arena
Stereo8 - The Roxy Cabaret
Friday, December 29 2017

Charles Bradley and his Extraordi-

nares - Commodore Ballroom
Vindata - Venue

Saturday, December 30 2017

Vancouver Giants vs. Prince George - Langley Events Centre at 7:00 pm.
Vancouver Canucks vs. Los Angeles - Rogers Arena.

Sunday, December 31 2017

Nye with the Temptations Revue - River Rock Casino (5:00 PM)
Classic Rock-n-Roll NYE Celebration (Dinner/Show) - Hard Rock Casino (7:00 PM)
New Year's Eve @ Asylum - Hard Rock Casino (7:30 PM)
Nye with the Temptations Revue - River Rock Casino (9:00 PM)
Classic Rock-n-Roll NYE Celebration (Show) - Hard Rock Casino (9:30 PM)
Frozen In Time NYE 2018 Vancou-

ver - Harbour Event Centre
New Years Eve 2018 Glitz and Glamour Gala - Hilton Vancouver Metrotown
Metropolis Noir New Year's Eve: An Evening of the Tragically Hip Songs - Rickshaw Theatre
True North NYE - Vancouver Convention Centre West, Canada Place
SJS NYE 2017 - Commodore Ballroom
Illuminate NYE - Opus
Bonnie Scott AC/DC Tribute NYE Party - Pat's Pub
Prohibition New Year's Eve Party - Rosewood Hotel Georgia
Black Wizard & Black Breath - The Rickshaw
Elements Casino NYE - Elements Casino
Burton Cummings - Hard Rock Casino Vancouver
QuiRING in the New Year - Every Cultural Centre
New Years at the Hotel Vancouver

- Fairmont Hotel Vancouver
NYE 2017 Waterfront Gala Ball - Fairmont Waterfront
Cirque Gala NYE 2017 - Fivesixty Nightclub
Fortune Sound NYE - Fortune Sound Club
Frontliner New Years Eve - Harbour Event Centre
Hazelmere New Year's Eve Gala - Hazelmere Golf Tennis Club
Carnival NYE '17 - Lux Lounge
Party 2017 with Loverboy - Hard Rock Casino Vancouver
Jubilee Hall New Year's Extravaganza - 7989 Bradner Road, Abbotsford
Magic Yacht Tours: New Year's Eve Cruise - Western Bayshore Marina
Golden Age NYE 2017 - Roof Garten
New Year's Eve Extravaganza Club Crawl 2017 - party bus to all the hot clubs
New Year's Eve Murder Mystery Dinner & Dancing - Brock House

Restaurant
Final Countdown to Midnight with Brian "Elvis" Simpson - Admiral Pub & Grill
Telus World of Science New Year's Eve 2017 - Telus World of Science
Koan Sound - The Red Room on Richards
Emily Chambers - Pan Pacific Hotel Vancouver
Concord NYE Vancouver - Burrard Landing and Coal Harbour
Fraser Valley First Night 2017 - Abbotsford Tradex
Mount Seymour: Family Night - Mount Seymour
NYE at Castle Fun Park - Castle Fun Park, Abbotsford
Whistler New Year's Eve Celebration - Multiple Venues, Whistler
The Family-Friendly New Year's Eve Variety SHow - Norman Rothstein Theatre
New Year's Eve Pizza Party - Rocky Mountain Flatbread Locations



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RANT

RANT By: C.A. Lowe

WHERE DOES OUR OBSESSIVE NEED TO CONSUME COME FROM?

Some say we are driven to fill the void within us. Mother Teresa called this ‘spiritual deprivation’. Some would say that we have become a weak, lazy minded people focused only on our personal wants and needs, turning a blind eye to the effect our spending habits have on our planet. Whatever the reason, it’s not a pretty picture.

● By the age of 6 months, the average Canadian has consumed the same amount of resources as the average person in the developing world consumes in a lifetime. (Recycling Council of Ontario)

● In a lifetime, the average North American will throw away 600 times his or her adult weight in garbage. A 68 kg adult will leave a legacy of 40,825 kg of trash. (Natural Resources Canada)

Initially there were Three R’s – REUSE REDUCE RECYCLE Now, we’re down to one R... Recycle. Years ago, recycle meant to actually re-use something. Recycle now means throw whatever you don’t want in a bin and let someone else deal with it. Most people can’t even get that right – it just takes too much effort to read the info on the bin to determine what you can or can-



not put in that bin. But it probably doesn’t really matter anyway, does it? Only about 6% of plastics collected from bins is actually ‘recycled’ into something else. Where does the rest go? Good question. In 2013 there were 10,000 landfill sites in Canada. I expect there are more now. Twenty years ago, or so, consumer demand was directed at manufacturers to cut down on the packaging of products.

Recently, it seems, this trend has reversed. It’s not unusual to buy something that has three layers of unnecessary packaging. In fact, it’s the multi-layers of presentation that are the big draw, secondary to the product inside. We are lulled (by our own desire to possess) into thinking it’s alright to buy this excess. It’s recyclable, right? Sure, it has the right symbol, but will it be? Highly unlikely. But it eases our conscience to believe it will be taken care of responsibly (by someone, certainly not us!). But we wouldn’t want to deny ourselves, would we? But we can’t be without the latest mascara or scented laundry or flavoured coffee pod. And others will buy anyway, so why not me? It’s the old ‘one

person doesn’t make a difference’ argument.

We’re brainwashed into thinking that plastic junk manufactured at an unknown cost to our environment is ‘cute’ and even necessary to our momentary fulfillment and our children’s happiness, often at a cost to their health. Are there tests done on the safety of the plastics that our children handle for hours every day? Meanwhile, stores and manufacturers make a killing on these products that give us a momentary lift before they end up as landfill. We should feel foolish for being taken so badly. Some might say, because it doesn’t take any actual effort, that climate change is just the natural evolution of our planet. But what if it isn’t? It feels to me like that’s a very large risk to take.

‘By living lightly, we enrich our lives’
-George Monbiot

FITNESS & SPORTS

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Suit and Tie for the Superbowl!

By: Paula Zerpa | Photo: Billboard.com

It is confirmed! Justin Timberlake is going to make history on Super Bowl LIII! He will become the first artist with 3 Super Bowl performances! His first Super Bowl was in 2001 at the Raymond James Stadium (Tampa, Florida), when he was part of 'N Sync, sharing the stage with Aerosmith, Britney spears, Mary J. Blige and Nelly. Produced by MTV under the theme "The Kings of Rock and Pop".

The year after, he premiered his debut solo single " Like I Love you" at the MTV Music Awards. His career as a solo artist started to rise and has not stop since.

It was not until 2004, when he came back to the Super Bowl stage. This time as a solo artist and along side with Jessica Simpson, the Spirit of Houston from the University of Houston and the the Ocean of Soul of Texas Southern University marching bands, Janet Jackson, P. Diddy, Nelly, and Kid Rock. This Super Bowl half time show will be always remember as the "Super Bowl XXXVIII halftime show controversy" or " Wardrobe Malfunction".

In the history of the super bowl, the most times an artist has been part of the half time show is two, and after almost 14 years Justin Timberlake comes back to make history! It was a long wait but worth it. He has become more popular than ever, and the expectations are high, but if you have ever had the opportunity to see the amazing productions he has been bringing on his tour, you'll know this is going to be amazing. I personally, have no doubt that his half time show will be absolutely brilliant!

FITNESS
Beach
bodies
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winter!

By: Paula Zerpa
Photo: Sassy Fit Girl



December is here, the last month of the year!! Let's close this year with a golden broach! I challenge you to try this small ab routine . Every day for 31 days, no matter what, wake up 15 min early, drink a big glass of water and do this small routine! Repeat 15 min before bedtime.

- 20 Bicycle crunches
- 20 Reverse crunches
- 20 Leg raises
- 20 side oblique crunches (each side)
- 20 Kick Down Crunches

SPORTS
VANCOUVER

The Nigerian women's bobsled team. (Obi Grant)

Nigeria's women's bobsled team has qualified for the 2018 Winter Olympics. Yes you heard that right ... this is possibly the greatest story since Cool Running - 30 years ago. For those of you that don't know that was when Jamaica made bobsledding history and their Jamaican men's bobsleigh team competed at the Calgary Olympics in 1988.

This amazing Nigerian women's bob-sleigh team made history on Wednesday, November 15th, becoming the first African team ever to qualify for a Winter Olympics in the event. They also will be the first Nigerian athletes ever to compete in the Winter Olympics.

This team is very new and was only formed in 2016.

Nigeria's First Bobsled Team

By: Caprice Papillion



The team consists of driver Seun Adigun, brakemen Ngozi Onwumere and Akuoma Omega. They successfully qualified for the event over five races held in Utah, Whistler and Calgary.

The Nigerian bobsled team has a very accomplished track and field background. Adigun competed for Nigeria in the 2012 London Games as a hurdler and ran at the University of Houston. Onwumere won two medals as a sprinter at the 2015 African Games, and Omeoga was a sprinter at Minnesota.

In a recent interview with NBC posted to Onwumere's Instagram account, the team said most people are surprised to learn that they do the bulk of their training in warm weather.

"We are from a continent that would never imagine sliding down ice at 80 or 90 miles per hour," Adigun said to BBC in March. "The idea of getting people to take to that in itself is empowering." Adigun hopes that the bobsled team will help create opportunities for winter sports to take place in Nigeria.

Their amazing journey to qualification and on to PyeongChang actually began in Houston, with a wooden sled they christened "The Maeflower." Adigun started a Go Fund Me campaign late last year to raise \$75,000 US, in 11 months,in order to fund their Olympic bid. And, signed a sponsorship deal with Visa this past week.

This Reporter will certainly be looking for and cheering these 3 on in next year's Winter Olympics to be held in Pyeongchang, South Korea, in February.

PHOTO: Akuoma Omeoga (left), Seun Adigun (middle) and Ngozi Onwumere of the Nigerian women's bobsled team. (Instagram: bsfnigeria)



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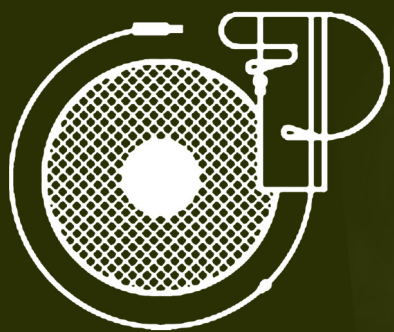
YVE will be giving back to the community. We will start gathering Donations and Items starting November 15, and will be feeding the less fortunate with hot food and giving out all the donations on the 24th.

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